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1. Have you ever had a feeling that there was something you had to try – even if you failed – because if you didn't, it would feel 'wrong' – or that you would always wonder 'What if...?'

2. Bell tells the story about the beginning of Mars Hill Bible Church, where he pastors, and some of the challenges faced in the first years of its formation, leading up to his 'escape' into a storage closet. Have you had experiences where you felt overwhelmed and ready to quit or escape from your life?

3. Rob Bell asks 'Without pain, we don't change, do we?' (104). Can you describe a time where you had 'hit bottom' and because of the pain you experienced, you sought to change your habits or some aspect of your life? What did you do? How did it work?

4. *Shalom* is a Hebrew word that translates to English as 'peace', is more than an absence of conflict, but a holistic 'completeness', a harmony with God. (107) If salvation is more than just forgiveness, but living in complete harmony with God – heart, soul, mind and body – being completely restored to Him, what does it mean to you to be 'saved'?

5. What is the danger of only seeing salvation as something eternal, ignoring its temporal, earthly meaning? What is the danger of viewing salvation as fully temporal – living a 'social gospel' – but ignoring the eternal aspect of salvation?

6. Bell says that 'success doesn't fix anything' (111) and quotes the twelve-step mantra 'Wherever you go, there you are.' No matter where you are or whether you achieve the goals you've set for yourself, why do you think that location, success and achievement won't fix your problems? Or, do you think such things will 'fix' you?

7. Bell says, 'I couldn't go on. Usually, we can go on. And that's the problem.' (113) What do you think he means by this? How can the inability to 'go on' lead to our healing?

8. What is your 'superwhatever'? Do you have one? If so, have you 'killed it'? If so, how did you do this? If not, how does it currently affect you?

9. Bell talks about the need to institute *Sabbath* into your life. What would *Sabbath* look like to you? What kinds of things would you do and what kinds of things would you avoid doing for it to be a day of rest and a time of renewal?